

## **Divorce Advice & Information**

Dealing with divorce can be one of the most overwhelming experiences in a person's life. Couples are faced with practical challenges like separating one household into two, adapting to new schedules and responsibilities, and finding ways to meet unanticipated expenses. There are often emotional issues that can affect one's ability to think clearly, and the situation can seem overwhelming and unmanageable. The more information you have about your divorce, the better you will be able to make informed decisions that can help you achieve a respectful and less stressful divorce.

Educating yourself about the various issues involved in your divorce will enable you to make sense of your situation and organize your thoughts in a way that allows you to move forward with clarity. It will be crucial for you to identify your interests and needs and prioritize the outcomes that are most important to you. The divorce advice and information in this section is designed to provide you with an overview of the issues that may be important during this process.